#### **WORLD CHALLENGE 2016**

Dear Challenger and Guardian,

# Ripon Grammar School - Malaysia & Borneo 2016

The next stages of the World Challenge programme are the Expedition Skills Meeting and the Training Expedition.

## **Expedition Skills Meeting**

This meeting is preparation for the Training Expedition (12/13 September). With the help of a World Challenge Programme Leader, the meeting will prepare the students for the activities they will participate in and get the team to plan their menu for the Training Expedition.

Date – Wednesday, 24 June in RGS main hall

Time – Challengers from 4.00pm – 6.30pm (Guardians are not required to attend)

World Challenge representative – Lea Marshall and Kevin Caines, Programme Leaders, will arrive at your school to run the Launch Meeting.

## **Meeting Aims**

- Insight into Expedition Skills A section of the meeting will be dedicated to generic skills which will be required on expedition such as budgeting, nutrition and health & hygiene.
- Preparation for Training Expedition The Challengers will get a chance to learn the skills needed on the Training Expedition, including how to put up a tent and also go through the kit list for the weekend.
- Menu Planning Lea and Kevin will help the team to discuss and plan a menu for the Training Expedition
  giving them the help and support they need. The team will then need to buy the food (within the budget
  perimeters they are set at the meeting) for the weekend.
- Information Session We will explain what will happen at the Training Expedition and ensure that any
  questions or concerns the Challengers have are addressed.

#### Next Steps.....

In order to get the most out of the meeting and be fully prepared for the menu planning section, we really do recommend the Challengers have a think about the what food will be needed for the expedition, any dietary requirements the team may have and also the most practical type of food for the weekend.

## **Training Expedition**

**Date** – Saturday 12<sup>th</sup> and Sunday 13<sup>th</sup> September **Location** – North Yorkshire

The Training Expedition is a camping experience which encourages team bonding and develops the essential practical skills for expedition life such as risk management, provisioning, cooking, trekking scenario planning, erecting a tent, hygiene, and nutrition.

A useful document is attached (click here) which provides a little bit more information about what the Challengers can expect and what to prepare. Please note that the Training Expedition is a compulsory part of the programme and all Challengers must attend.

Prior to the Training Expedition, it is vital that we have next of kin contacts for all members of the team in case of emergency and that any medical conditions have been declared. Please log on to the 'My World Challenge' website and ensure all details are up to date.

It is also worth noting that the kit list for the Training Expedition is slightly different from the main kit list for the expedition, please ensure you are aware of this kit list that can also be found on 'My World Challenge'.

If you have any queries at this stage please do not hesitate to contact the Customer Support Team on 01494 427 600 or email <a href="mailto:customersupport@myworldchallenge.com">customersupport@myworldchallenge.com</a>.

We look forward to seeing you on Wednesday, 24 June at 4pm for the Expedition Skills meeting.

Kind regards,

World Challenge